

EQUIP

PRAY

**GEAR
UP**

REACH

BELONG

FOUNDED

PRAYED

GEAR
UP

REACHED

BELONG



FOUR



PRAY



GEAR
UP



REACH



BELONG

FOUNDED

PRAY

GEAR
UP

REACH

BELONG

A satellite-style map of the Eastern Mediterranean and surrounding landmasses. The Mediterranean Sea is shown in blue, and the surrounding land is in shades of brown and green. Three locations are marked with red dots: Tarshish on the Iberian Peninsula, Joppa on the coast of the Levant, and Nineveh in Mesopotamia. A long white double-headed arrow spans from Joppa to Tarshish, with the text '2500 miles' centered below it. A shorter white arrow points from Joppa to Nineveh, with the text '550 miles' centered below it.

Tarshish

Nineveh

2500 miles

550 miles

Joppa







Five Stages of Grief

1) Denial





Five Stages of Grief

1) Denial

2) Anger



Five Stages of Grief

1) Denial

2) Anger

3) Bargaining



Five Stages of Grief

- 1) Denial
- 2) Anger
- 3) Bargaining
- 4) Depression

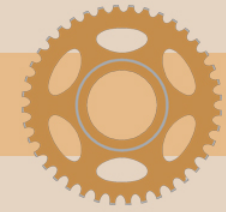


Five Stages of Grief

- 1) Denial
- 2) Anger
- 3) Bargaining
- 4) Depression
- 5) Acceptance

Jonah 2:1-3

In my distress I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry. You hurled me into the depths, into the very heart of the seas, and the currents swirled about me...



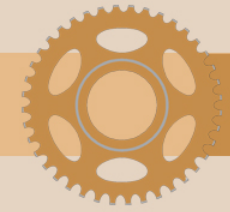
Psalm 118:5

In my anguish, I cried to the Lord, and he answered by setting me free.



Jonah 2:4-7

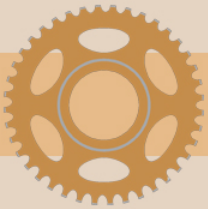
I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my God, brought my life up from the pit. When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple.



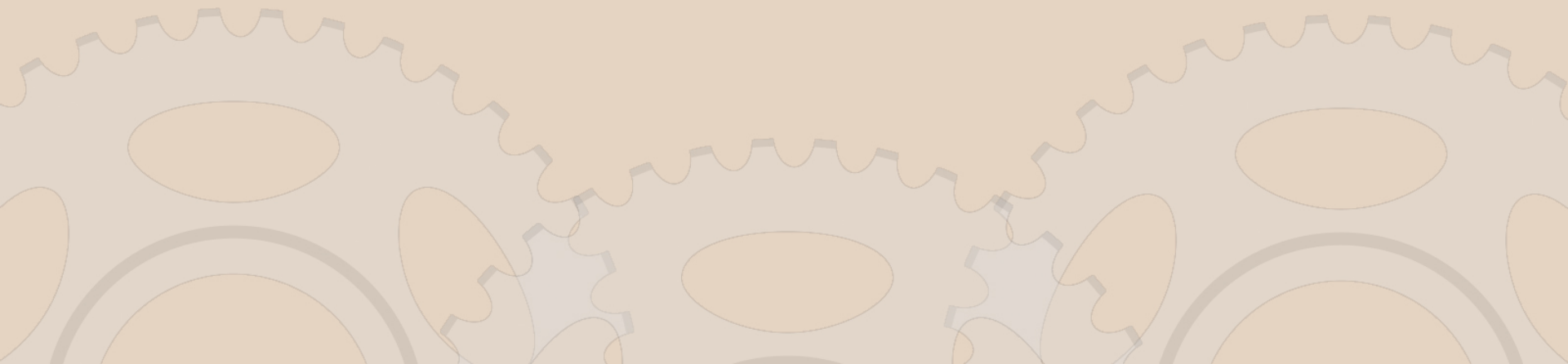
PRAY

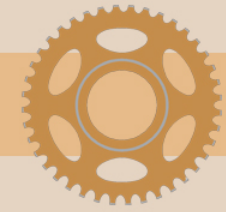
Jonah 2:8-9

“Those who cling to worthless idols turn away from God’s love for them. But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, ‘Salvation comes from the Lord.’”



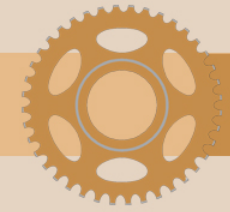
So...Therefore...What Now





So...Therefore...What Now

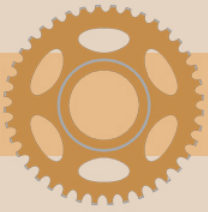
1) God is smarter than you!



PRAY

Isaiah 55:8

“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord.



So...Therefore...What Now

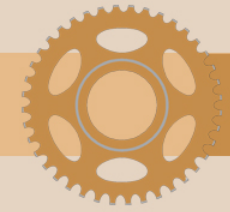
- 1) God is smarter than you!
- 2) Don't stay stuck in the belly of the whale...





So...Therefore...What Now

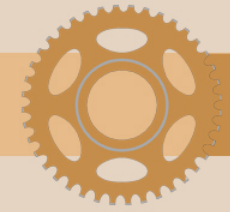
- 1) God is smarter than you!
- 2) Don't stay stuck in the belly of the whale...
- 3) Salvation is found in one place and one place alone



PRAY

Hebrews 12:2-3

Keep your eyes on *Jesus*, who both began and finished this race we're in. Study how he did it. Because he never lost sight of where he was headed—that exhilarating finish in and with God—he could put up with anything along the way: Cross, shame, whatever. And now he's *there*, in the place of honor, right alongside God.



PRAY

Hebrews 12:2-3

When you find yourselves flagging in your faith, go over that story again, item by item, that long litany of hostility he plowed through. *That* will shoot adrenaline into your souls!



So...Therefore...What Now

- 1) God is smarter than you!
- 2) Don't stay stuck in the belly of the whale...
- 3) Salvation is found in one place and one place alone