





Unfortunately the path to the 'Good' is through Regret & Shame.



Friday

Regret & Shame...
is defined by
part of the life
of
Peter.

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John 13:37-38

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- Peter couldn't stay awake while Jesus prayed in the garden of Gethsemane.

 John 18:1
- Peter impulsively cut the ear off one of the soldiers (Malchus) who were arresting Jesus.

 John 18:10

John 18:15-27

- 15 Peter followed Jesus, and so did another disciple. Since that disciple was known to the high priest, he entered with Jesus into the courtyard of the high priest,
- 16 but Peter stood outside at the door. So the other disciple, who was known to the high priest, went out and spoke to the servant girl who kept watch at the door, and brought Peter in.
- 17 The <u>servant girl</u> at the door said to Peter, "You also are not one of this man's disciples, are you?" He said, "I am not."

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18 Now the <u>servants and officers</u> had made a <u>charcoal fire</u>, because it was cold, and they were standing and warming themselves. Peter also was with them, standing and warming himself.

25 So they said to him,
"You also are not one of His disciples are you?"

He denied it and said, "I am not."

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Luke 22:61-62

61 And the Lord turned and looked at Peter.And Peter remembered what Jesus had said,...62 And he went out and wept bitterly.

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For Peter
"Good Friday"
was defined by his
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Likewise, for Us
"Good Friday"
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...but, here's the deal...
it can be a path to healing
depending on what we do with it...





Two ways to deal with Regret & Shame...





Two ways to deal with Regret & Shame...
expose it or hide it



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expose it or hide it

For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death.

II Corinthians 7:10



What do we do with our Regret & Shame...

...expose it? or ...hide it?