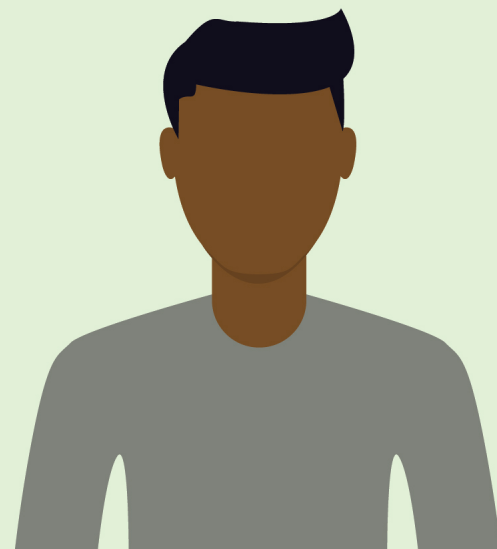
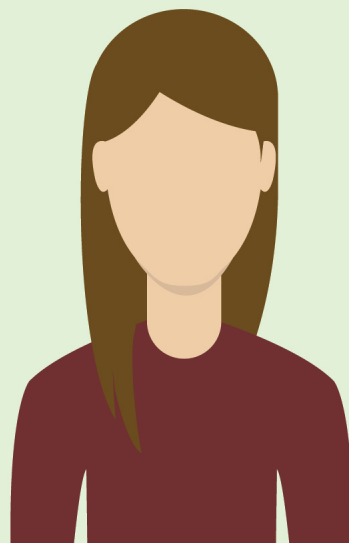
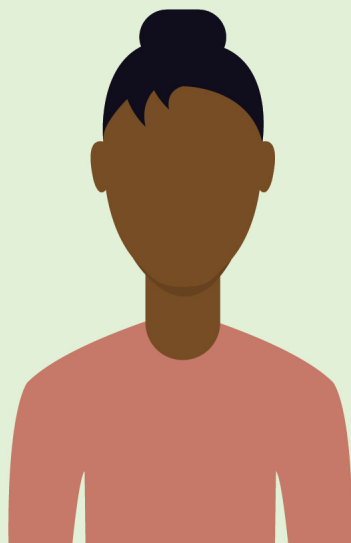
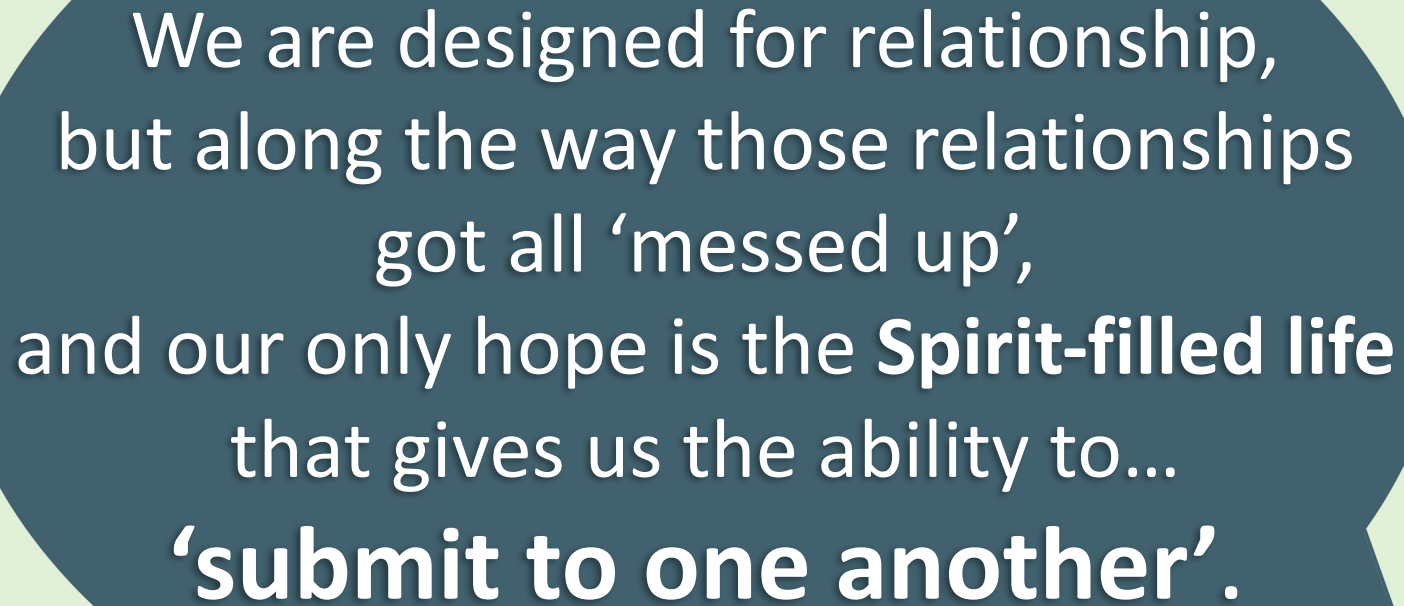


#The Struggle is Real  
#RELATIONSHIPS





We are designed for relationship,  
but along the way those relationships  
got all 'messed up',  
and our only hope is the **Spirit-filled life**  
that gives us the ability to...  
**'submit to one another'.**



**Conflict**  
**Resolution**

# Options in dealing with conflict: *The Slippery Slope*



# Options in dealing with conflict: *The Slippery Slope*



# Options in dealing with conflict: *The Slippery Slope*



# Options in dealing with conflict: The Slippery Slope



**Communication**

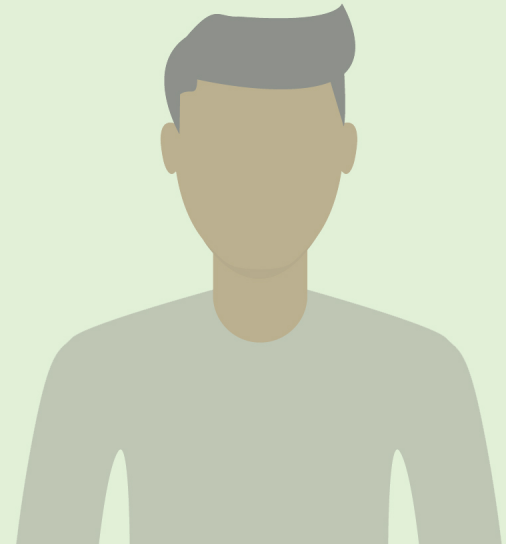
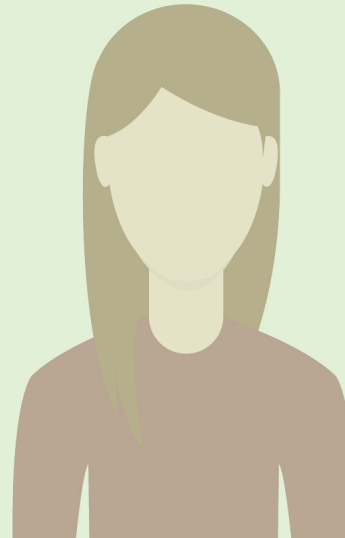
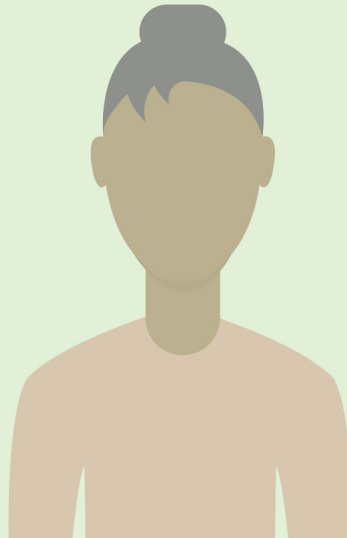


# Communication

- 1 *Speak to be understood.*
- 2 *Listen in order to understand.*
- 3 *Speak & Listen in order to heal.*

## Ephesians 5:1-2, 15-20

- 1 Therefore be imitators of God, as beloved children.
- 2 And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God.



**15 Look carefully then how you walk,**

not as unwise but as wise,

**16 making the best use of the time,**

because the days are evil.

**17 Therefore do not be foolish,**

but understand what the will of the Lord is.

**18 And do not get drunk with wine,**

for that is debauchery, but be filled with the Spirit,

**19 addressing one another in psalms and hymns and**

spiritual songs, singing and making melody to the

Lord with your hearts,

**20 giving thanks always for everything to God the Father**

in the name of our Lord Jesus Christ,

**15 Look carefully then how you walk,**

not as unwise but as wise,

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because the days are evil.

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but understand what the will of the Lord is.

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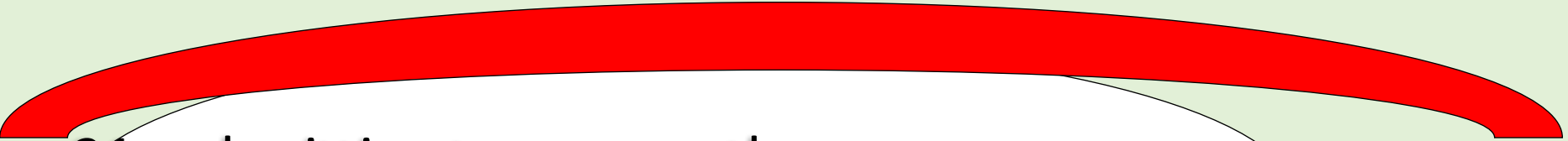
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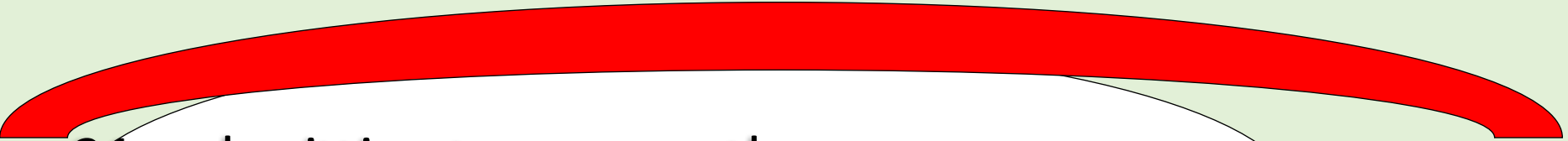
in the name of our Lord Jesus Christ,



21 submitting to one another  
out of reverence for Christ.

.....



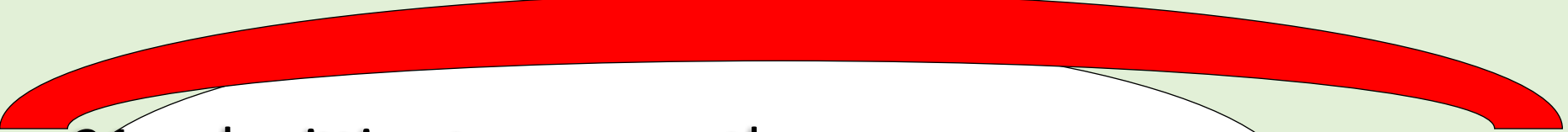


21 submitting to one another  
out of reverence for Christ.

.....

*...to yield...*

*...to offer...*



21 submitting to one another  
out of reverence for Christ.

.....

***...to stop resisting...***

***...to stop hiding...***

21 submitting to one another  
out of reverence for Christ.

.....

MARRIAGE  
Husbands and wives

21 submitting to one another  
out of reverence for Christ.

.....

MARRIAGE

Husbands and Wives

**Ephesians 5:33** - Love and Respect

33 However,

let each one of you love his wife as himself,  
and let the wife see that she respects her husband.

21 submitting to one another  
out of reverence for Christ.

.....

MARRIAGE

Husbands and Wives

**I Peter 3:1,2,7**

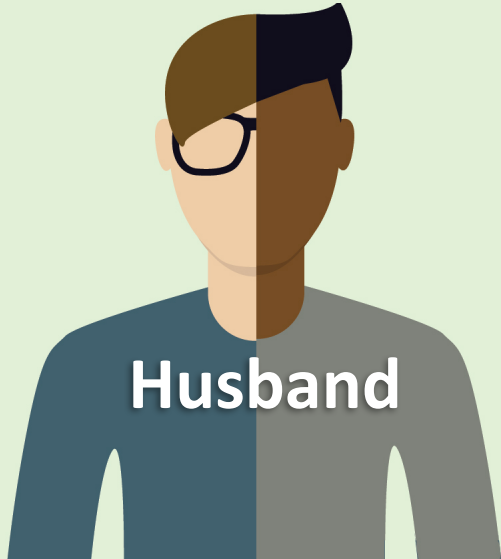
- 1 **Likewise,** wives, be subject to your own husbands,  
so that even if some do not obey the word,  
they may be won without a word by the conduct of  
their wives,
- 2 when they see your respectful and pure conduct.

7 **Likewise,** husbands,

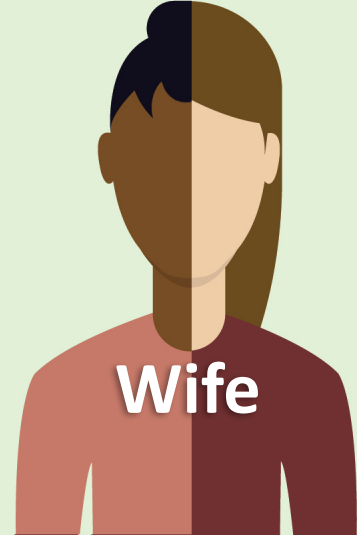
live with your wives in an understanding way,  
showing honor to the woman as the weaker  
vessel,

since they are heirs with you of the grace of life,  
so that your prayers may not be hindered.





**Husband**



**Wife**

Core Role:

Husband

Wife

Core Role:

Core Role:

Husband

Wife

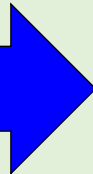
Core Role:

Core Role:

Husband

Wife

Response:



Core Role:

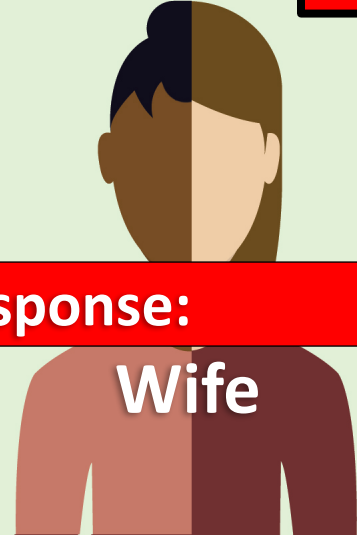
Core Role:

Husband

Wife

Response:

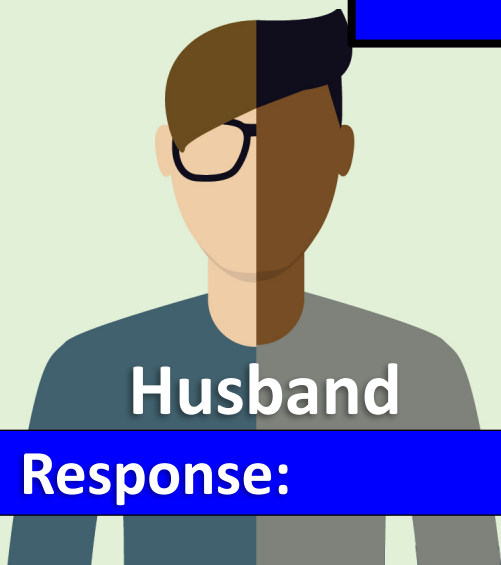
Response:



**4 primary needs of the wife:**

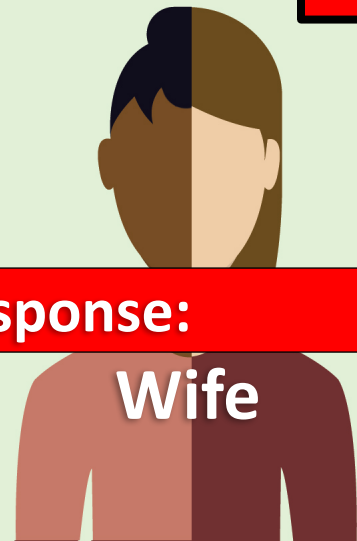
**Core Role:**

**Core Role:**



**Husband**

**Response:**



**Wife**

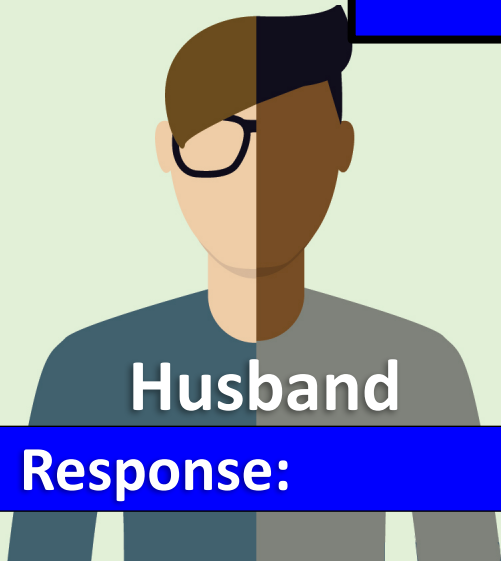
**Response:**

**4 primary needs of the wife:**

**4 primary needs of the husband:**

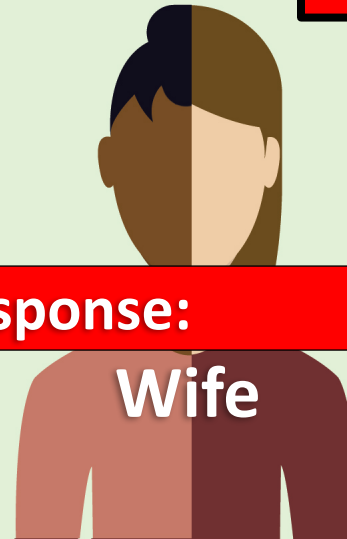
**Core Role:**

**Core Role:**



**Husband**

**Response:**



**Wife**

**Response:**



**4 primary needs of the wife:**

**4 primary needs of the husband:**

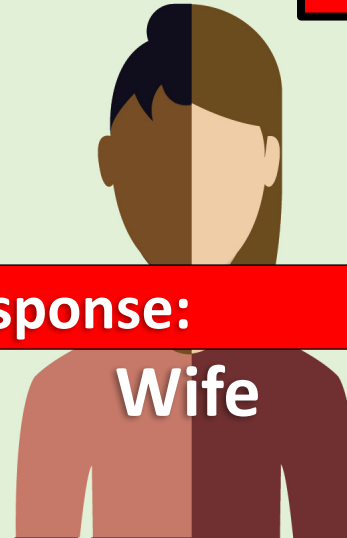
**Core Role:**  
**Servant  
Leader**

**Core Role:**



**Husband**

**Response:**



**Wife**

**Response:**



## Ephesians 5:25-29

- 25 Husbands, love your wives, as Christ loved the church and gave Himself up for her,
- 26 that He might sanctify her, having cleansed her by the washing of water with the word,
- 27 so that He might present the church to Himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.
- 28 In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself.
- 29 For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church.

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**4 primary needs of the wife:**

**4 primary needs of the husband:**

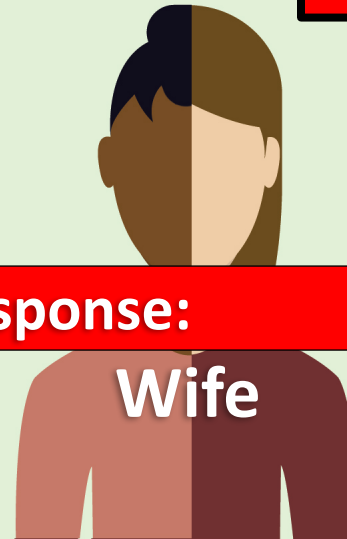
**Core Role:**  
**Servant  
Leader**

**Core Role:**



**Husband**

**Response:**



**Wife**

**Response:**

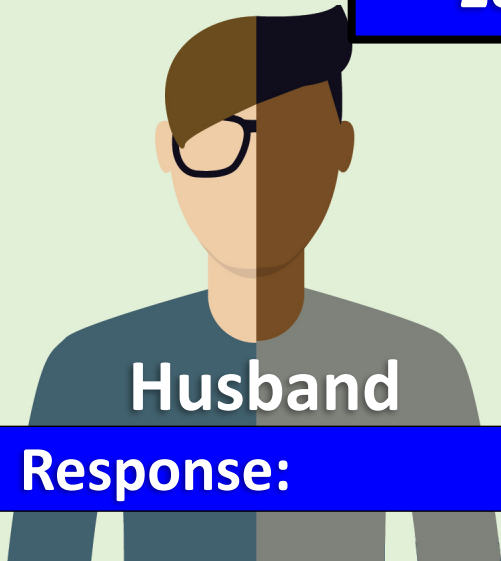


**4 primary needs of the wife:**

**4 primary needs of the husband:**

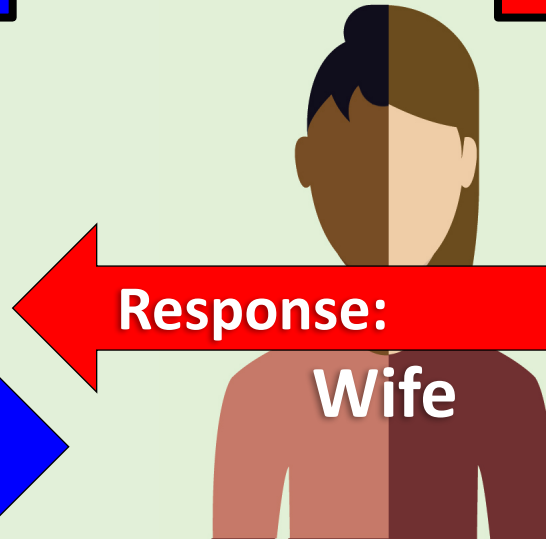
**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**

**Response:**



**Wife**

**Response:**



## Genesis 2:20-22

- 20 The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him.
- 21 So the LORD God caused a deep sleep to fall upon the man, and while she slept took one of his ribs and closed up its place with flesh.
- 22 And the rib that the LORD God had taken from the man He made into a woman and brought her to the man.

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- 22 And the rib that the LORD God had taken from the man He made into a woman and brought her to the man.

## Titus 2:4-5

- 1 But as for you, teach what accords with sound doctrine.
- 2 Older men are to be sober-minded, dignified, self-controlled, sound in faith, in love and in steadfastness.
- 3 Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good,
- 4 and so train the younger women to love their husbands and children,
- 5 to be self controlled, pure, working at home, kind, and submissive to their husbands, that the word of God may not be reviled.

## Titus 2:4-5

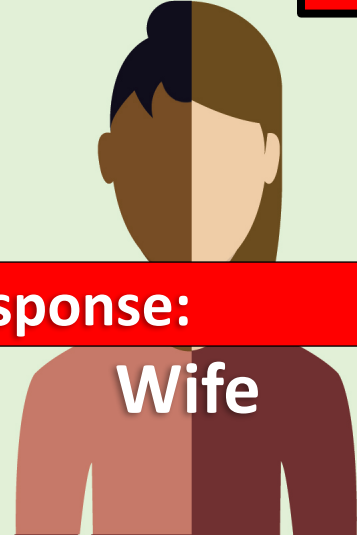
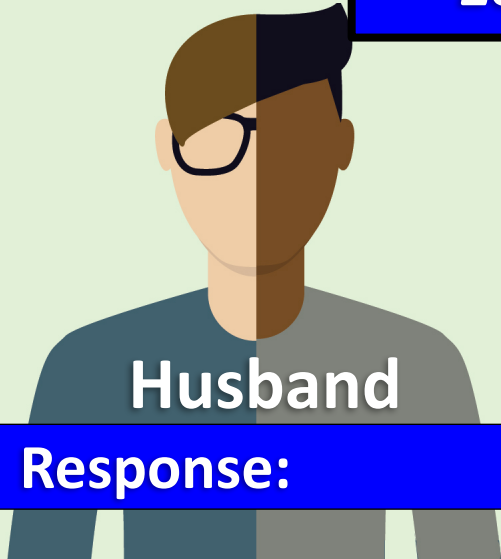
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- 5 to be self controlled, pure, working at home, kind, and submissive to their husbands, that the word of God may not be reviled.

**4 primary needs of the wife:**

**4 primary needs of the husband:**

**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**

**Wife**

**Response:**

**Response:**



*4 primary needs of the wife:*

*4 primary needs of the husband:*

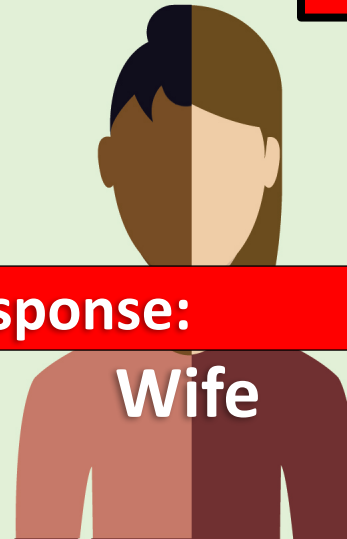
*Core Role:  
Servant  
Leader*

*Core Role:  
Helper  
Lover*



Husband

Response: **Praise and Honor**



Wife

Response:

## Proverbs 31:10-31

- 10 An excellent wife who can find?  
She is far more precious than jewels.
- 11 The heart of her husband trusts in her,  
and he will have no lack of gain.
- 12 She does him good, and not harm,  
all the day of her life.
- 13 She seeks wool and flax, and works with willing hands.
- 14 She is like the ships of the merchant;  
she bring her food from afar.
- 15 She rises while it is yet night and provides food for  
here household and portions for her maidens.



## Proverbs 31:10-31

- 16 She considers a field and buys it;  
with the fruit of her hands she plants a vineyard.
- 17 She dresses herself with strength and makes her  
arms strong.
- 18 She perceives that here merchandise is profitable.  
Her lamp does not go out at night.
- 19 She put her hands to the distaff,  
and her hands hold the spindle.
- 20 She opens her hand to the poor  
and reaches out her hands to the needy.

## Proverbs 31:10-31

- 21 She is not afraid of snow for her household,  
for all her household are clothed in scarlet.
- 22 She makes bed coverings for herself;  
her clothing is fine linen and purple.
- 23 Her husband is known in the gates when he sits  
among the elders of the land.
- 24 She makes linen garments and sells them;  
she delivers sashes to the merchant.
- 25 Strength and dignity are her clothing,  
and she laughs at the time to come.

## Proverbs 31:10-31

- 21 She is not afraid of snow for her household,  
for all her household are clothed in '*two cloaks*'.
- 22 She makes bed coverings for herself;  
her clothing is fine linen and purple.
- 23 Her husband is known in the gates when he sits  
among the elders of the land.
- 24 She makes linen garments and sells them;  
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and she laughs at the time to come.

## Proverbs 31:10-31

- 26 She opens her mouth with wisdom,  
and the teaching of kindness is on her tongue.
- 27 She looks well to the ways of her household and does  
not eat the bread of idleness.
- 28 Her children rise up and call her blessed;  
her husband also, and he praises her:
- 26 “Many women have done excellently,  
but you surpass them all.”

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- 27 She looks well to the ways of her household and does  
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- 28 Her children rise up and call her blessed;  
her husband also, and **he praises her:**

26 **“Many women have done excellently,  
but you surpass them all.”**

## Proverbs 31:10-31

- 30 Charm is deceitful, and beauty is vain,  
but a woman who fears the LORD is to be praised.
- 31 Give her of the fruit of her hands,  
and let her works praise her in the gates.

**4 primary needs of the wife:**

**4 primary needs of the husband:**

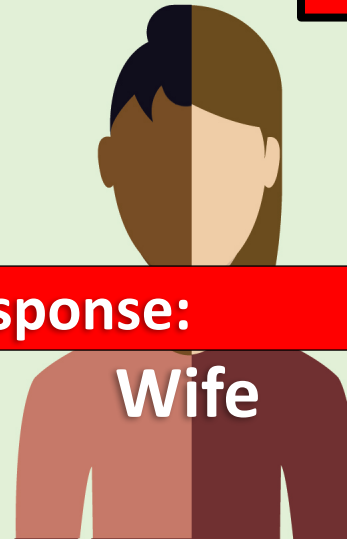
**Core Role:  
Servant  
Leader**

**Core Role:  
Helper  
Lover**



**Husband**

**Response: Praise and Honor**



**Wife**

**Response:**



*4 primary needs of the wife:*

*4 primary needs of the husband:*

*Core Role:  
Servant  
Leader*

*Core Role:  
Helper  
Lover*



Husband

Response: Praise and Honor



Wife

Response: Submission

**4 primary needs of the wife:**

- **Security**

**4 primary needs of the husband:**

**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**

**Husband**

**Response: Praise and Honor**

**Response: Submission**

**Wife**

**4 primary needs of the wife:**

- Security
- **Significance**

**4 primary needs of the husband:**

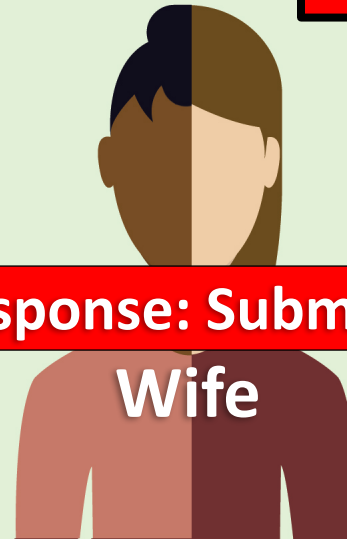
**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**

**Response: Praise and Honor**



**Wife**

**Response: Submission**

**4 primary needs of the wife:**

- Security
- Significance
- **Companionship**

**4 primary needs of the husband:**

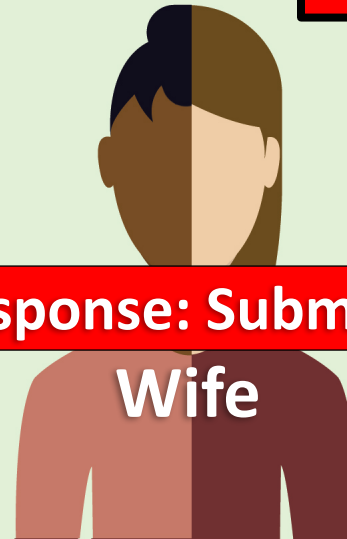
**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**

**Response: Praise and Honor**



**Wife**

**Response: Submission**

**4 primary needs of the wife:**

- Security
- Significance
- Companionship
- **Emotional Responsiveness**

**4 primary needs of the husband:**

**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**

**Response: Praise and Honor**



**Wife**

**Response: Submission**

**4 primary needs of the wife:**

- Security
- Significance
- Companionship
- Emotional Responsiveness

**4 primary needs of the husband:**

- Support

**Core Role:  
Servant  
Leader**

**Core Role:  
Helper  
Lover**



**Husband**

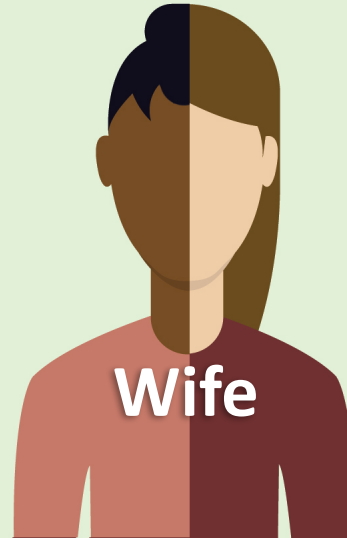
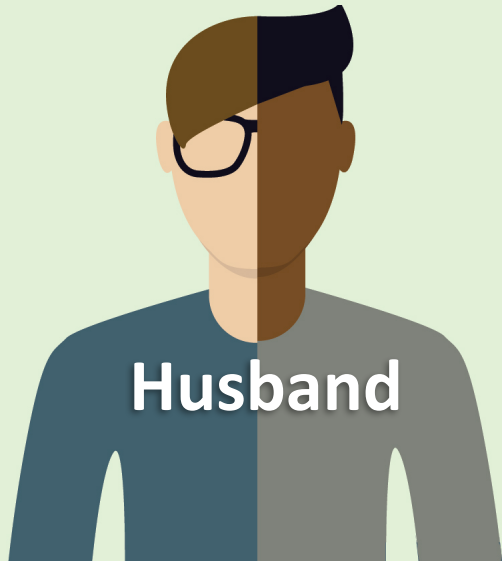
**Response: Praise and Honor**



**Wife**

**Response: Submission**

# My Big Fat Greek Wedding



**4 primary needs of the wife:**

- Security
- Significance
- Companionship
- Emotional Responsiveness

**4 primary needs of the husband:**

- Support

**Core Role:**  
***Servant***  
***Leader***

**Core Role:**  
***Helper***  
***Lover***



**Husband**



**Wife**

**Response: Praise and Honor**

**Response: Submission**



**4 primary needs of the wife:**

- Security
- Significance
- Companionship
- Emotional Responsiveness

**4 primary needs of the husband:**

- Support
- **Admiration**

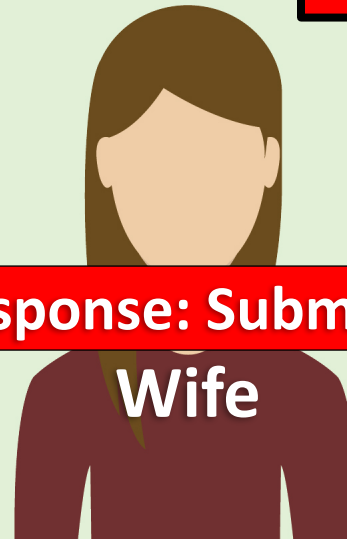
**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**

**Response: Praise and Honor**



**Wife**

**Response: Submission**

**4 primary needs of the wife:**

- Security
- Significance
- Companionship
- Emotional Responsiveness

**4 primary needs of the husband:**

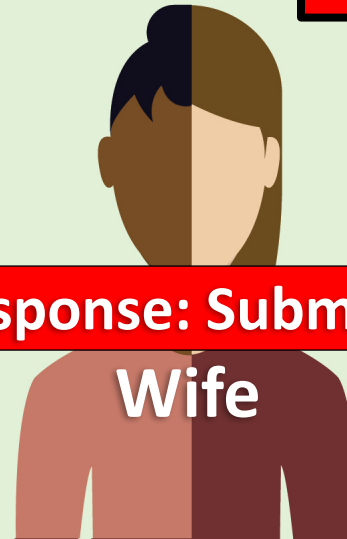
- Support
- Admiration
- **Companionship**

**Core Role:**  
**Servant**  
**Leader**

**Core Role:**  
**Helper**  
**Lover**



**Husband**



**Wife**

**Response: Praise and Honor**

**Response: Submission**

**4 primary needs of the wife:**

- Security
- Significance
- Companionship
- Emotional Responsiveness

**4 primary needs of the husband:**

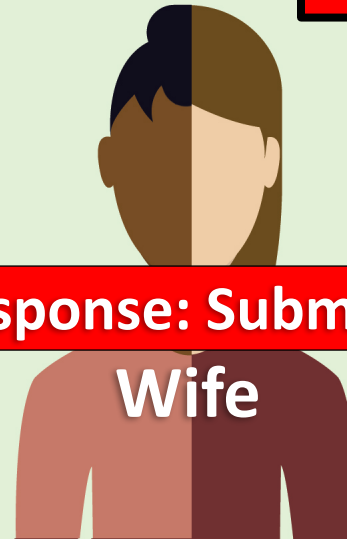
- Support
- Admiration
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- **Physical Responsiveness**

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**Husband**



**Wife**

**Response: Praise and Honor**

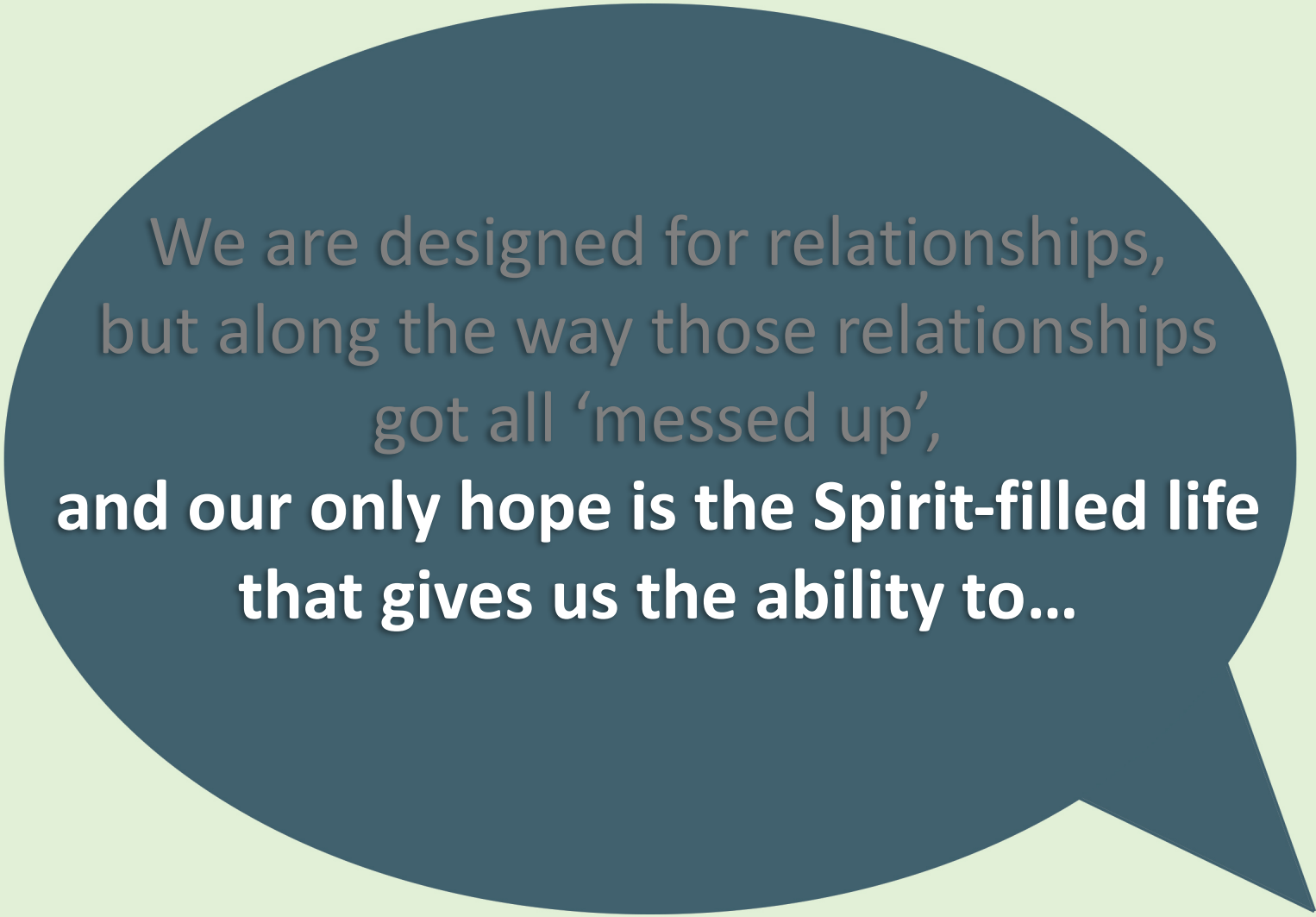
**Response: Submission**



**We are designed for relationships,**



We are designed for relationships,  
**but along the way those relationships  
got all 'messed up',**



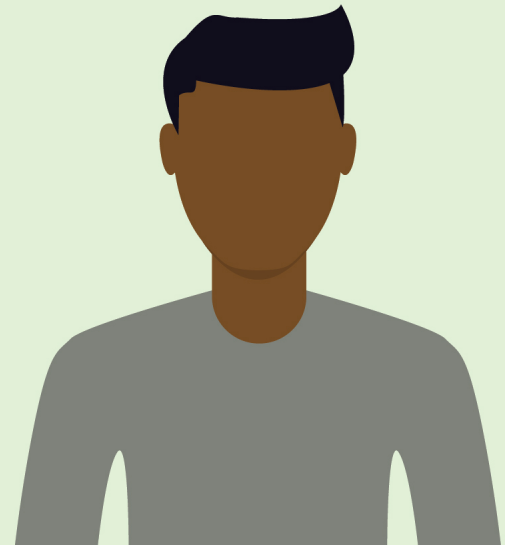
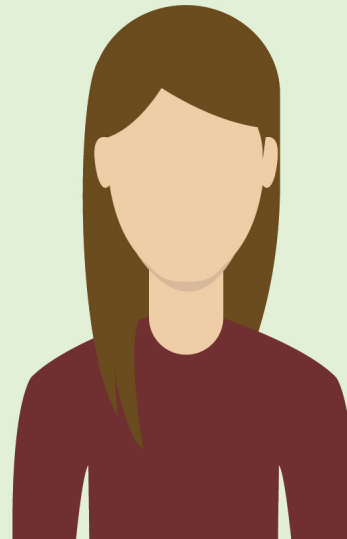
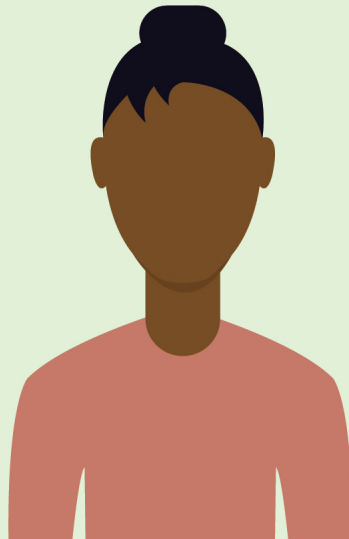
We are designed for relationships,  
but along the way those relationships  
got all 'messed up',  
**and our only hope is the Spirit-filled life  
that gives us the ability to...**

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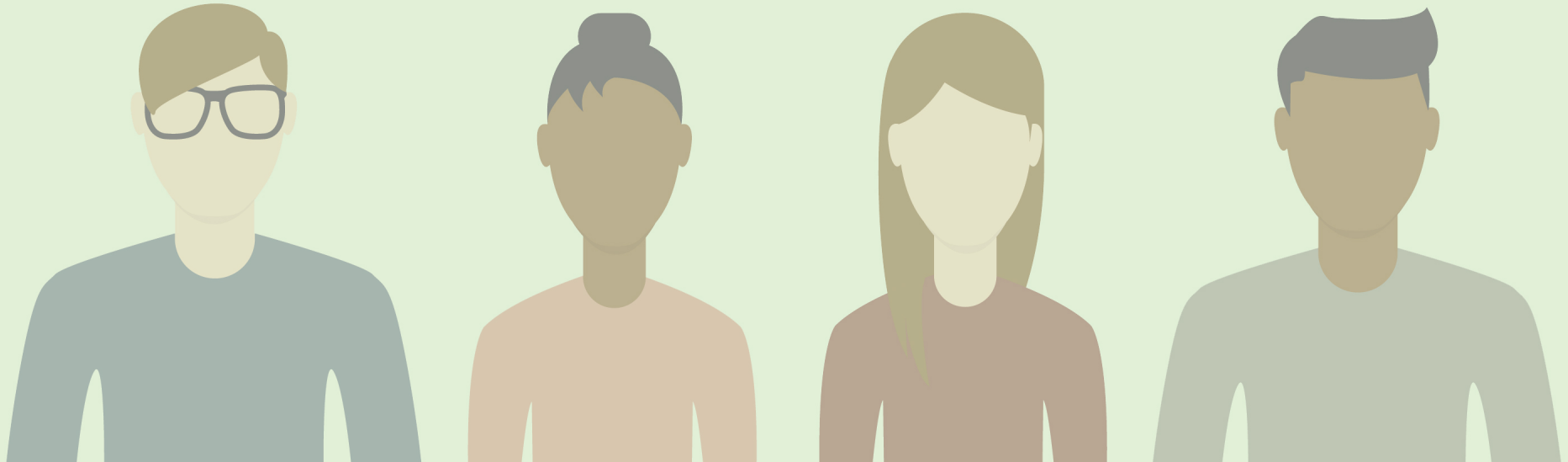
**'submit to one another'.**



So...therefore...what now?

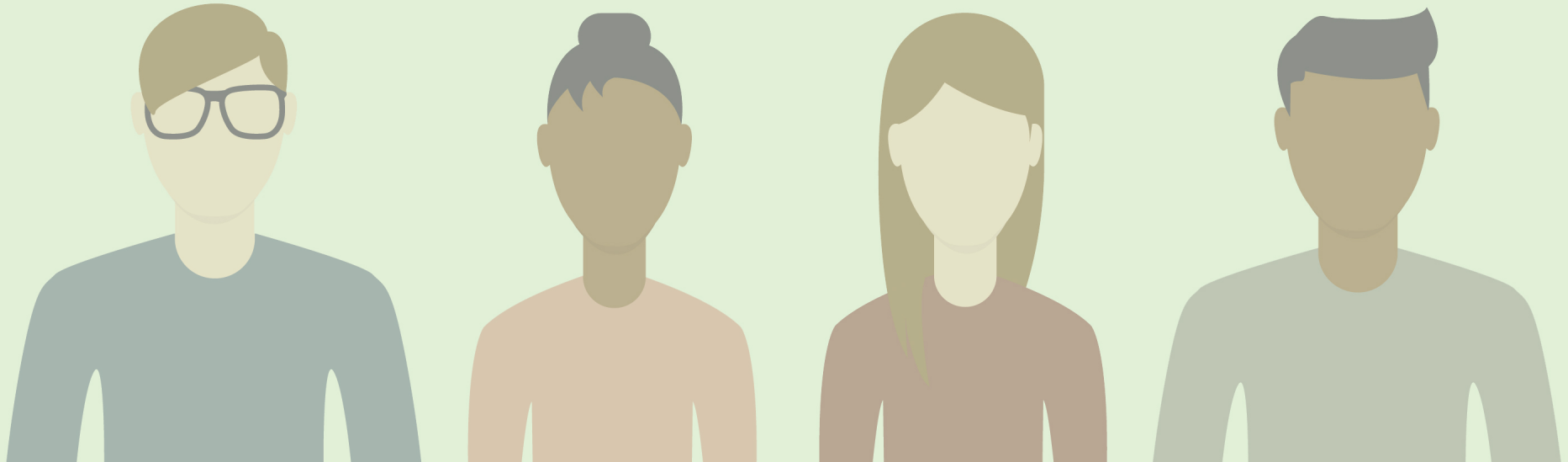


# Living in mutual submission:



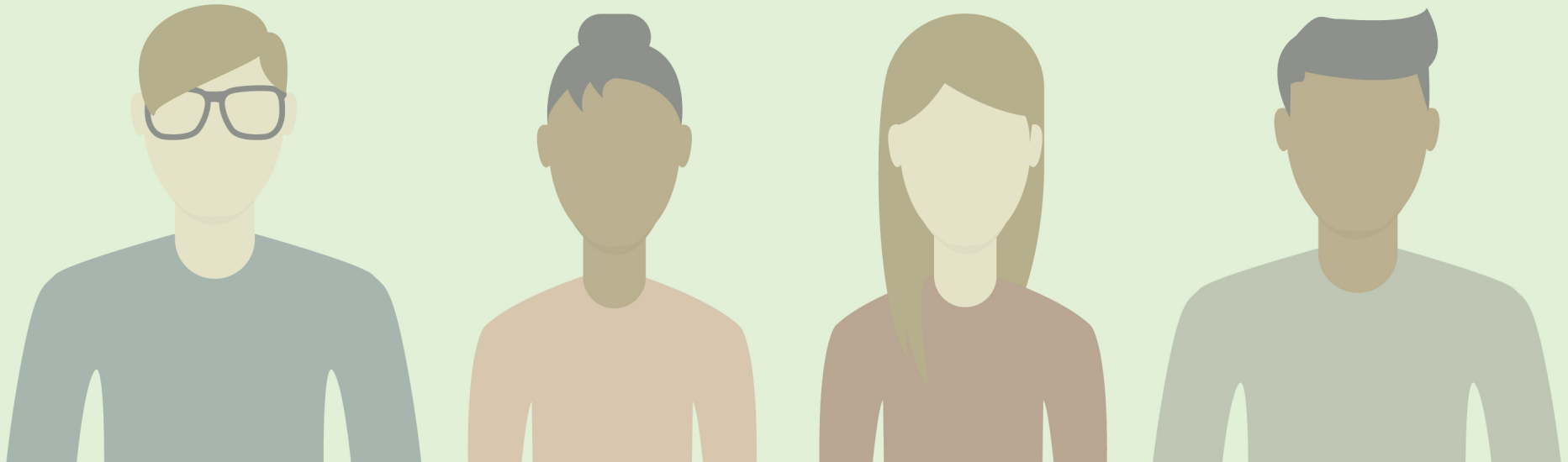
# Living in mutual submission:

- Be a student of your spouse...  
understand one another's needs.



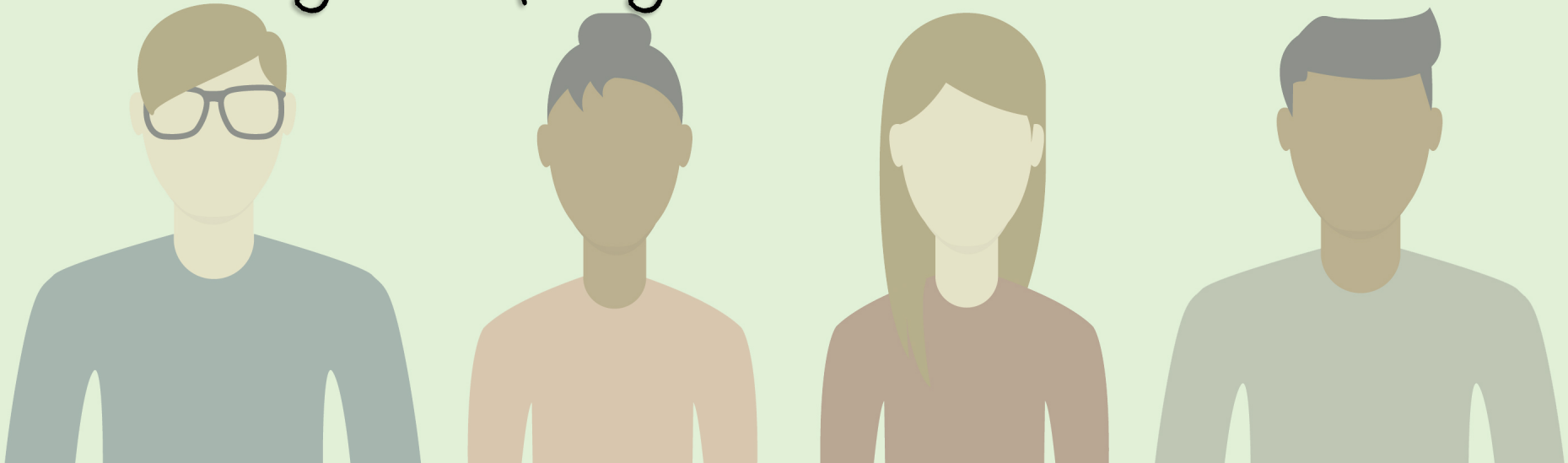
# Living in mutual submission:

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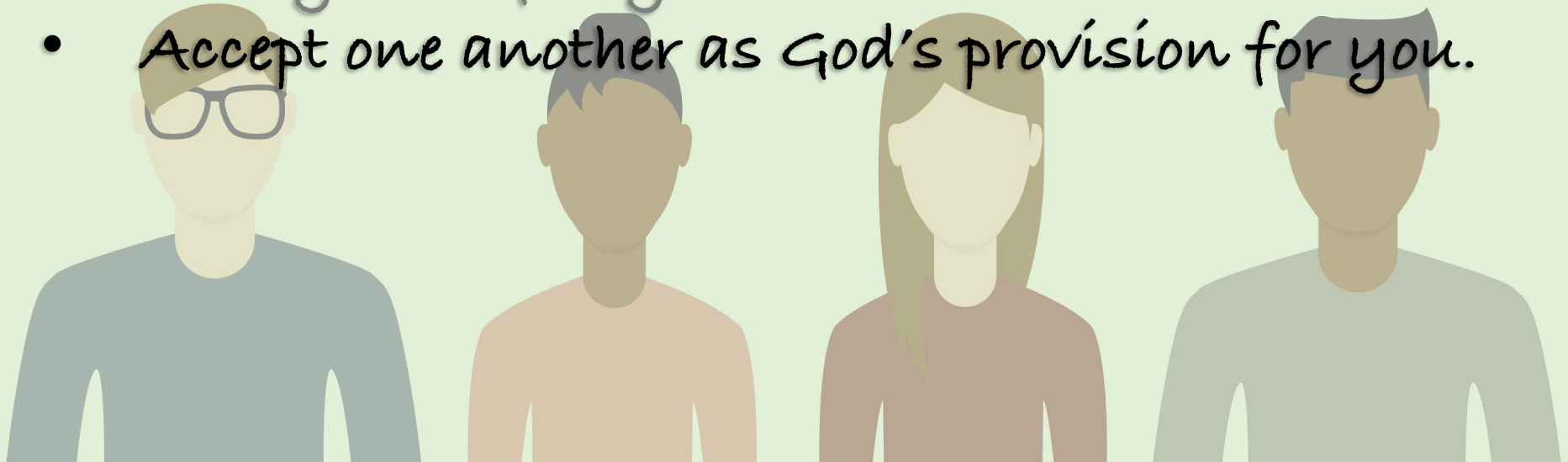
# Living in mutual submission:

- Be a student of your spouse...  
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- Husbands: praise and honor your wife.
- Wives: stop resisting and begin offering yourself to your husband.



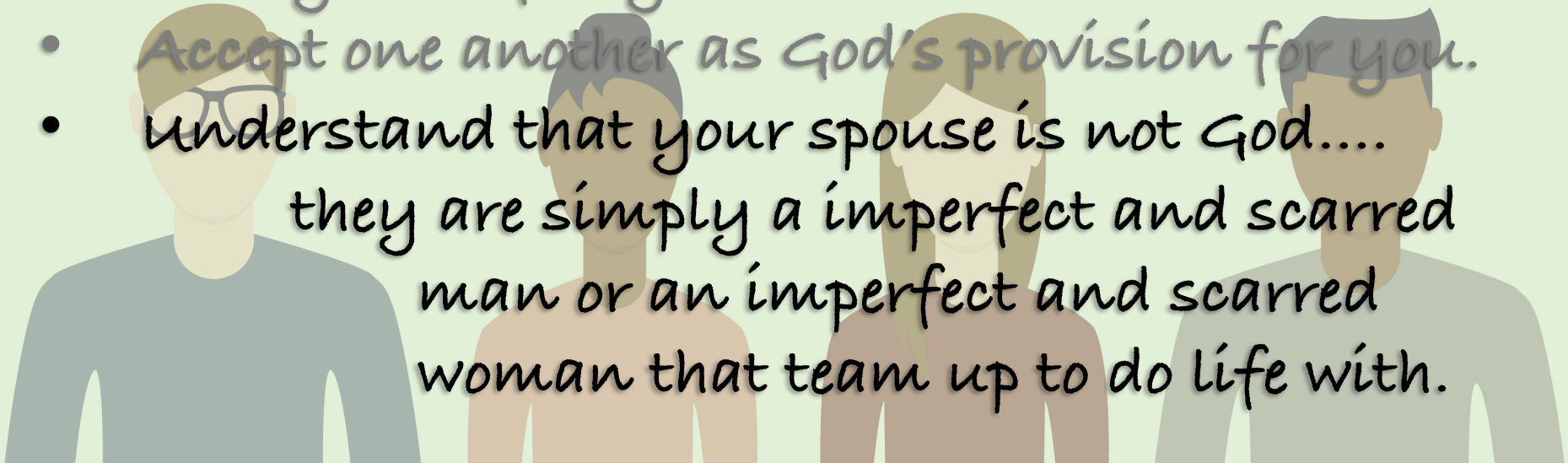
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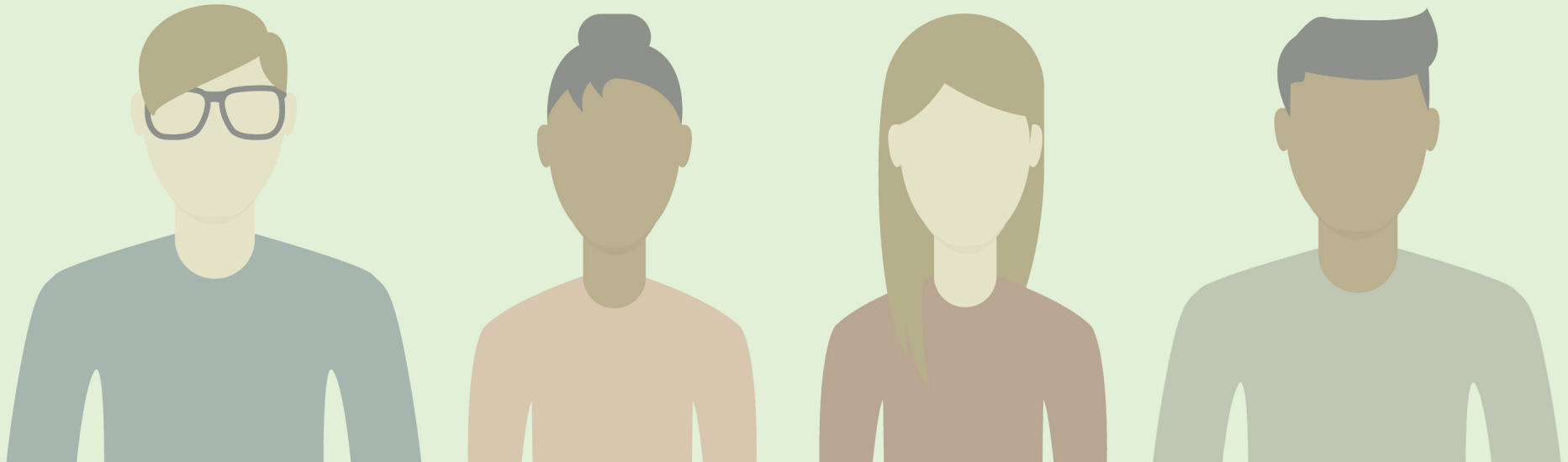
# Living in mutual submission:

- Be a student of your spouse...  
understand one another's needs.
- Husbands: praise and honor your wife.
- Wives: stop resisting and begin offering yourself to your husband.
- Accept one another as God's provision for you.
- Understand that your spouse is not God....  
they are simply a imperfect and scarred man or an imperfect and scarred woman that team up to do life with.



# Living in mutual submission:

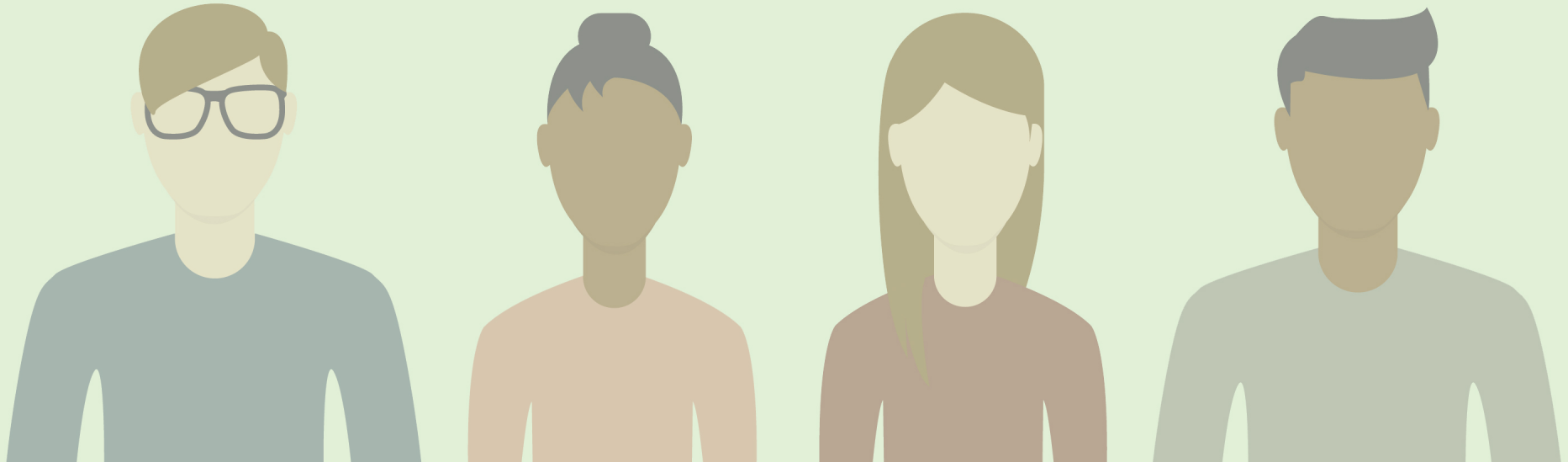
- Pick up a copy of Rocking The Roles by Robert Lewis and William Hendricks to go a little deeper.





# Living in mutual submission:

- Pick up a copy of Rocking The Roles by Robert Lewis and William Hendricks to go a little deeper.
- Get some help if you need it!



# Options in dealing with conflict: The Slippery Slope



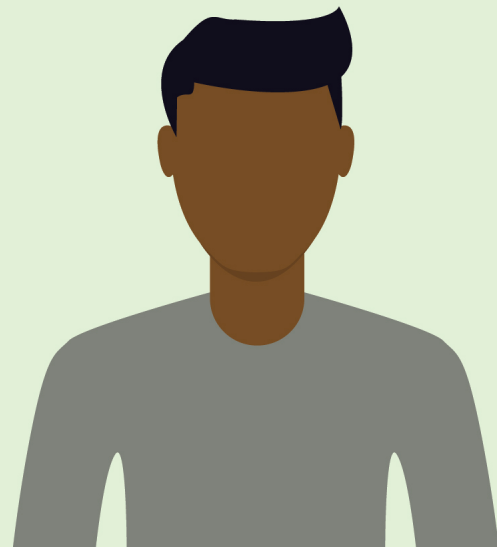
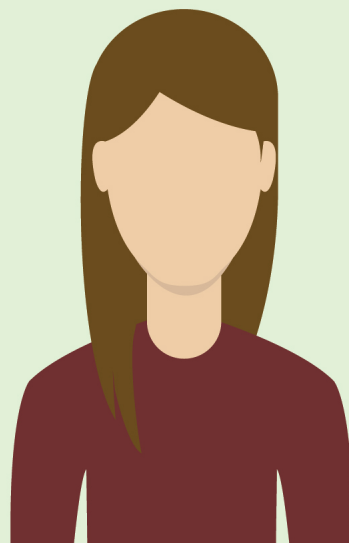
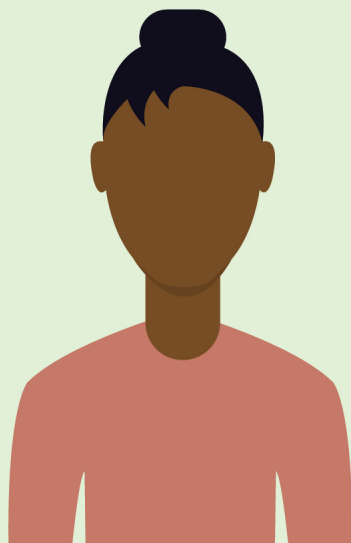
# Options in dealing with conflict: *The Slippery Slope*

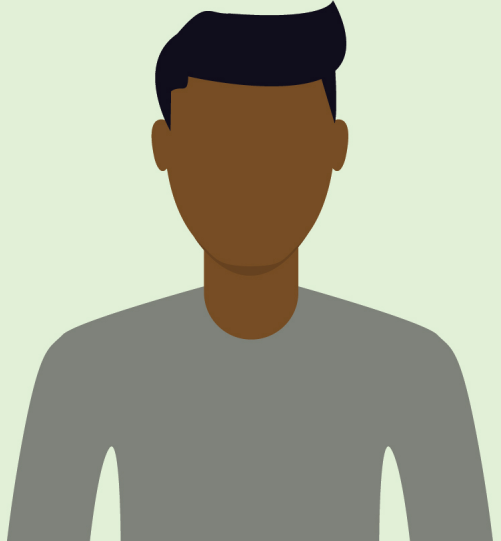
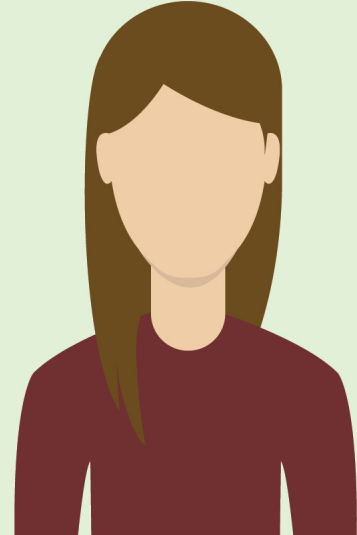
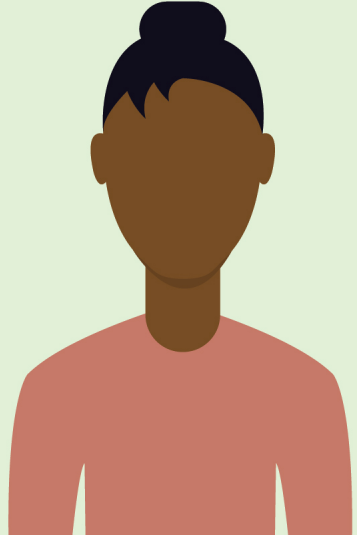


# Options in dealing with conflict: *The Slippery Slope*

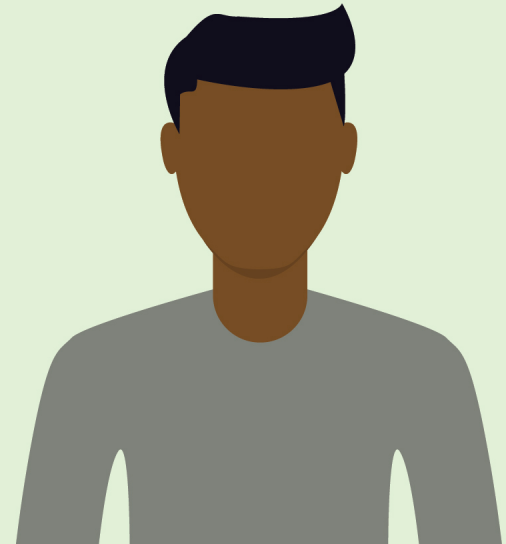
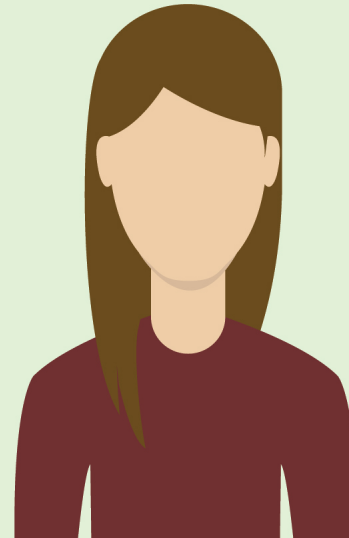
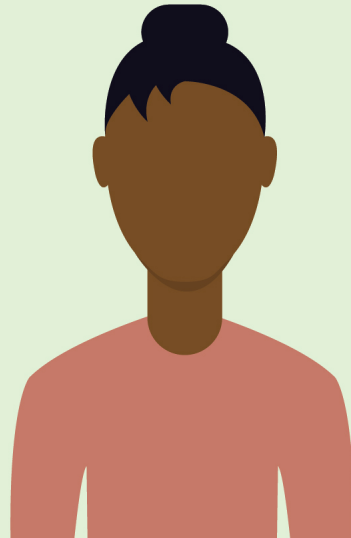



#The Struggle is Real  
#RELATIONSHIPS





I feel this  
incredible tension  
between who God  
designed me to be  
and where I'm at!

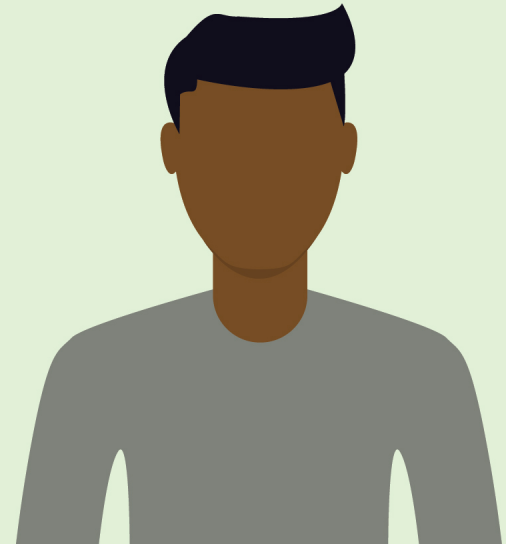
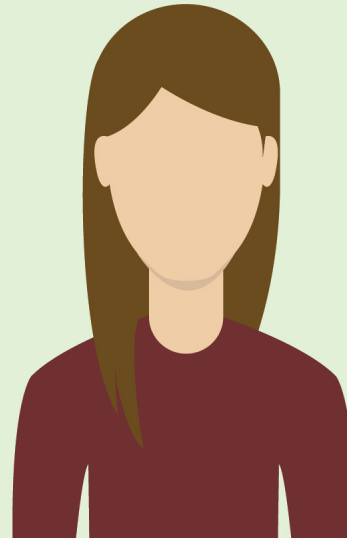
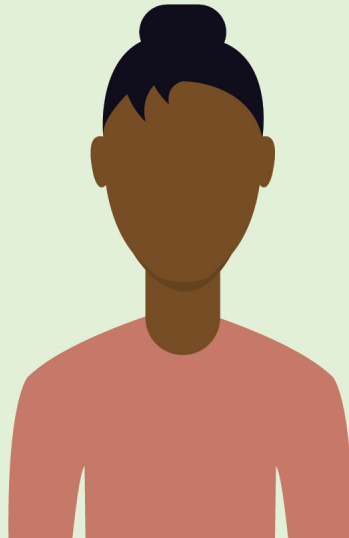



An illustration featuring four stylized human figures in a row at the bottom. From left to right: a man with brown hair and glasses wearing a blue long-sleeved shirt; a woman with dark skin and hair in a bun wearing a pink long-sleeved shirt; a woman with long brown hair wearing a maroon long-sleeved shirt; and a man with dark skin and short dark hair wearing a grey long-sleeved shirt. Above the figures are three overlapping speech bubbles. The largest bubble is dark brown and is partially obscured by a blue bubble on the left and a grey bubble on the right. The grey bubble contains the text. The background is a light green gradient.

*I need to see  
my wife through  
the eyes of Christ  
and love her more  
deeply!*

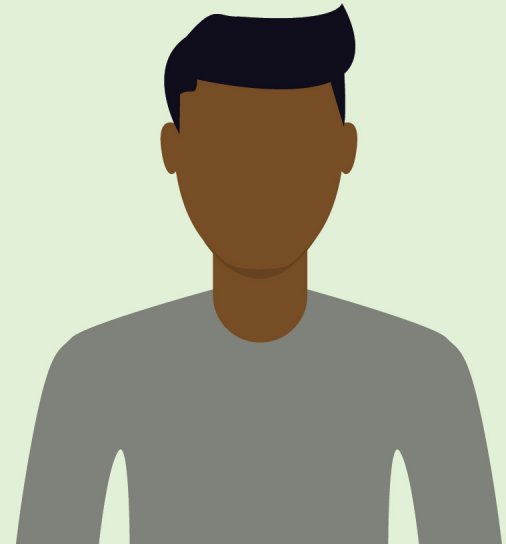
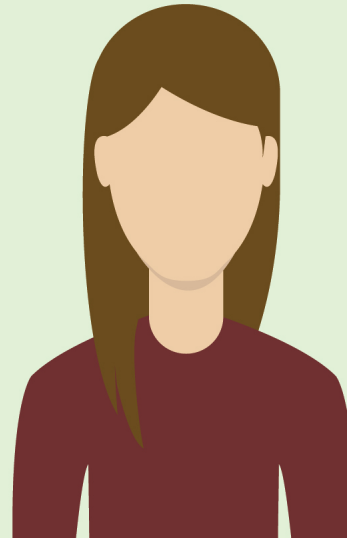
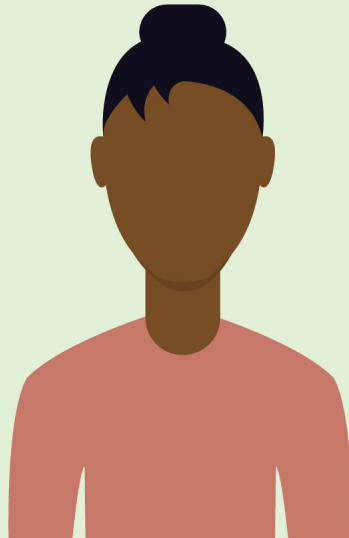


I need to  
reject the cultural  
message of not  
respecting my  
husband.





I still  
think it will be  
a miracle of God to  
accomplish this  
in our lives!





"EXACTLY"....

*"Exactly"....*

*...that is why 'mutually submissive'  
marriages have to be empowered  
by the Holy Spirit,...  
...our surrender and obedience to  
Christ day by day.*