

MATTHEW

KINGDOM VALUES



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KINGDOM VALUES Chapters 5-7



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Sermon on the Mount



Anxiety:

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Anxiety:

It is a normal part of life to experience occasional anxiety...

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Anxiety:

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...but

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Anxiety:

It is a normal part of life to experience occasional anxiety...

..but you may experience anxiety that is persistent, seemingly uncontrollable, and overwhelming.

If it's an excessive, irrational dread of everyday situations, it can be disabling. When anxiety interferes with daily activities, you may have an anxiety disorder.

Anxiety disorders are real, serious medical conditions - just as real and serious as physical disorders such as heart disease or diabetes.

Anxiety disorders are the most common and pervasive mental health disorders in the United States.

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Anxiety: Worrying about something you can't control

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Today's BIG IDEA

Our common daily worries and anxiety misses several foundationally true things about life and God that tends to ruin our experience.

25 "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on.

Is not life more than food, and the body more than clothing?

26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

27 And which of you by being anxious can add a single hour to his span of life?

Hermeneutical principles:

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Hermeneutical principles:

Literal
Grammatical
Historical

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Because the human heart is singular in nature, God and 'things' cannot occupy the same space at the same time ... either you will love the one and hate the other, or you will hate the first and love the second.

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27 **3** And which of you by being anxious can add a single hour to his span of life?

none of us

- 28** **4** And why are you anxious about clothing? Consider the lilies of the field, how they grow:
they neither toil nor spin,
- 29** yet I tell you, even Solomon in all his glory was not arrayed like one of these.
- 30** But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?

28 **4** And why are you anxious about clothing? Consider the lilies of the field, how they grow:

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
He will!

31 **5** Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

32 For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.

33 But seek first the kingdom of God and his righteousness, and all these things will be added to you.

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Makes sense!

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added to you.
- 34 **6** "Therefore do not be anxious about tomorrow,
for tomorrow will be anxious for itself.
Sufficient for the day is its own trouble.

John 16:33

I have said these things to you,
that in Me you may have peace.

In the world you will have tribulation.

But take heart; I have overcome the world.

So.....therefore.....what now?



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The worries of this world that make us anxious on a daily basis are dealt with by recognizing that even when we live responsibly that we cannot guarantee everything will work out the way we prefer....

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- God is aware and cares for our needs in spite of the brokenness that surrounds us and impacts us,
 - seek God (love people, engage life, find hope),
- live in the present...tomorrow will bring it's own issues.

ANXIETY: MATTHEW 6:25-34

WHAT DO YOU NEED TO WRESTLE WITH REGARDING THIS TOPIC?

HOW WILLING ARE YOU TO WRESTLE WITH IT?

WHAT ARE YOU GOING TO DO ABOUT IT?

**IS THERE ANOTHER SCRIPTURE PASSAGE THAT MIGHT HELP
TRANSFORM YOUR THINKING?**

