





## Avan ou monte bwa, gade si ou ka desann li.

Before you climb a tree, loook to see if you can get down.

MEANING: Make sure you know what what you're getting into.



## Rad sal lave nan fanmi.

Dirty clothes are washed with the family.

**MEANING:** Family issues must be solved within the family.



## Gason konn bouke, men pa fanm.

Men experience fatigue, but not women.

**MEANING: Women work hard.** 



## Sa ki pa touye ou, li angrese

Ou. What does not kill you, fattens you.

**MEANING:** Every failure is an opportunity to become stronger.